

## Outdoor Adventure Skills – Paddling – Canoeing – Stage 9

Use this resource for activities where there isn't good internet connection, or for verifiers external to Scouting to provide the youth member with evidence for their Outdoor Adventure Skills development.

### Plan>

Statement	Guidance	Youth member or verifier comments	Verifier date & name
I have kept my First Aid qualifications up to date.	The youth member should keep their CPR and First Aid qualifications current, by updating CPR annually and re-doing their first aid course every three years or as required for the wilderness skill set.		
I can assist in the planning of a whitewater Grade 2 trip including supporting the development of budget, logistics, safety plan, skills development and trip program.	The youth member should demonstrate effective planning, with another skilled canoer, for a whitewater canoe trip over a two-day period. The youth member's plans should include transport, budgets, risk management, equipment and contingency plans.		
I can develop a detailed risk management plan for a whitewater paddling trip	<p>The youth member should provide a detailed risk assessment and management plan as part of their whitewater canoeing activity plan and will need to account for:</p> <ul style="list-style-type: none"> <li>• Human risk</li> <li>• Environmental risk</li> <li>• Equipment risk</li> </ul> <p>The youth member will also need to put in place mitigations for the risks identified and show action on these mitigations in the lead up and during any trip.</p>		
I have demonstrated the ability to check equipment for working condition, safety and suitability, according to relevant legislation and manufacturer recommendations in a whitewater environment.	The youth member should demonstrate selecting the correct equipment and resources based on their activity plan for their Grade 2 whitewater canoe trip and ensure that they have the required gear and that it is safe and suitable based on legislation and manufacturers recommendations. The youth member should check all existing equipment they are planning to use for a trip and make sure it meets manufacturers recommendations.		

I can plan my personal equipment for a Grade 3 whitewater trip	The youth member should demonstrate the ability to plan personal equipment for a Grade 3 whitewater trip, including suitable first aid and rescue equipment. The youth member should consider how the gear requirements have changed depending on Grade 2 or 3 white water paddling needs.		
--	--	--	--

## Do>

Statement	Guidance	Youth member or verifier comments	Verifier date & name
I have assisted a Stage 7 Scout or below in the development of their whitewater paddling skills.	The youth member should assist other Scouts working on Stage 7 Canoeing. This includes providing constructive feedback and helping them learn the skills required to progress.		
I have undertaken at least 7 days of white water paddling by the end of Stage 9.	The youth member needs to complete and log at least seven (7) days of whitewater canoeing by the end of this Stage. The youth member should include in their log when they did the activities, where they did the activities, who they did the activities with, and what the grade and conditions of the rapids were.		
I can demonstrate the appropriate line to run in a canoe down a Grade 2 rapid to less experienced Scouts.	The youth member needs to demonstrate, with less experienced white water paddlers, paddling the best line through a Grade 2 rapid. The youth member should then be able to guide the less experienced paddlers through the rapid and be there to support them if they need rescue assistance.		
I have participated in at least one day of Grade 3 whitewater paddling.	The youth member should log their participation of canoeing in Grade 3 whitewater rapids in their logbook.		
I can efficiently and safely port my canoe around a rapid.	The youth member should be able to demonstrate either carrying their canoe over shallow rapids, or around the rapids depending on the situation and ensuring that they unload it if necessary.		
I have planned & led a minimum of 4-night, 5-day paddling journey with a variety of environments,	The youth member will need to plan and lead a minimum of a 4-night, 5-day canoe journey. This journey should take into consideration a range of different environments. The skill level of the participants will depend on the location and types of paddling		



<p>camps and skill levels involved demonstrating skills I have learnt through the Canoeing Outdoor Adventure Skills stream.</p>	<p>involved in this journey. The youth member should make sure they go through all the necessary paddling journey preparation and have a home based remote contact who can provide some skill and guidance throughout the journey.</p>		
---	--	--	--

## Review>

Statement	Guidance	Youth member or verifier comments	Verifier date & name
<p>I have given a presentation to a group of Scouts on the skills I have gained from completing the Paddling Outdoor Adventure Skills.</p>	<p>The youth member's presentation should be regarding an interesting, fun, challenging or unique aspect(s) about the skills they have gained. Because of the nature of the adventurous activity, it is recommended that a presentation is very visual, exciting and inspiring, rather than a dreary or boring PowerPoint/speech.</p>		
<p>I have considered what I would like to do with the level of skill I have gained through the Paddling Outdoor Adventure Skills, and discussed it with a trusted mentor.</p>	<p>The youth member should consider what they would like to do with the level of skill they have gained throughout the Outdoor Adventure Skills Stages of Paddling. The youth member should have a conversation with a mentor or friend to bounce ideas off. These could include a job in the industry, accrediting their youth program skills through Scouts Australia Institute of Training (SAIT), joining a paddling club or helping out with a Scouting activities team to support more youth through the Outdoor Adventure Skills. It's the youth member's personal journey.</p>		